



**Wednesday
February 19th,
2025**

**Heritage Woods
Secondary**

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

- Follow the link below (also found on HWSS) website
- Log in with your student number and password
- Enter numbers only for your student number
- Your default password is your student number
- Set new password on first log in
- Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12s only
- The Library is a place for quiet work and is for Grade 11s & 12s only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored



Course Requests

Dates January 29 to February 28

Reminder to all grade 9-11 students to put in their course requests for next year.

For 10's going into 11: ***Thursday, Jan. 23rd– FRIDAY Feb. 21st2025***

For 11's going into 12: ***FRIDAY, Jan. 24th– Friday Feb. 28th, 2025***

Course Request Due Dates

The Portal Is
OPEN

The Portal is
OPEN

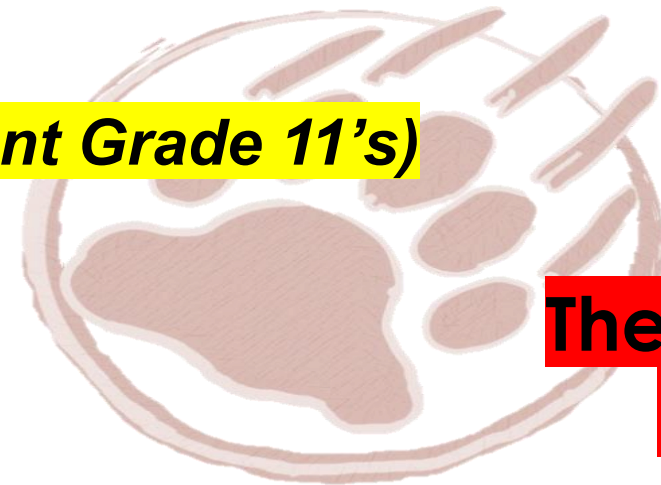
✓ *FRIDAY Feb. 14th2025* (Current Grade 9's)

☐ *FRIDAY Feb. 21st2025* (Current Grade 10's)

☐ *Friday Feb. 28th, 2025* (Current Grade 11's)

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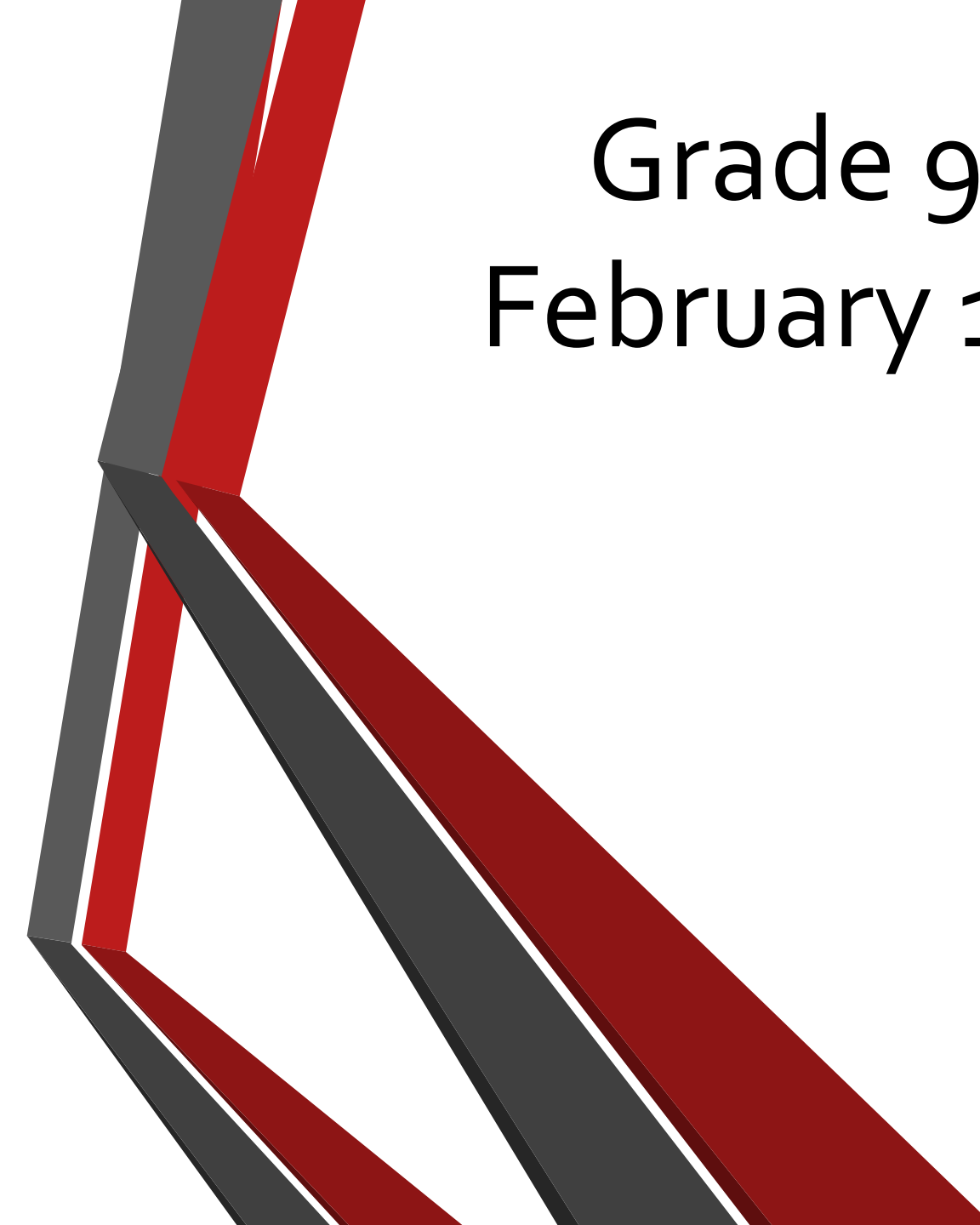


Attention: International Students

“International Students who are up for renewal: The deadline for International students to pay program fees for the next school year is March 1, 2025. Students are not guaranteed their place in our school after this date.”

The firm deadline to have money received via bank wire, cheque, or credit card is March 1, 2025.

Students who pay late will pay a \$500.00 penalty and may lose their school placement. We really want to avoid students losing their placement, so please remind the students regarding this deadline. After the deadline date, space at schools is based on availability.



Grade 9 Advisory Meetings

February 19 – 21 during FLEX

in the Theatre

Dea – Leu – WEDNESDAY

Lew – So – THURSDAY

Soi – Zhu – FRIDAY

BARRY SULLIVAN LAW CUP

- THE CANADIAN BAR ASSOCIATION IS HOSTING THE BARRY SULLIVAN LAW CUP – A PROVINCE WIDE PUBLIC SPEAKING COMPETITION.
- HAPPENING APRIL 11TH, 2025
- UBC ROBSON CAMPUS
- STUDENTS ARE TO WRITE A FIVE MINUTE SPEECH ON THE FOLLOWING TOPIC
- *" WHAT DOES THE RULE OF LAW MEAN TO YOU, AND WHAT IMPACTS, IF ANY, DO YOU THINK GLOBAL TRENDS WILL HAVE ON THE RULE OF LAW IN CANADIAN SOCIETY?"*
- *APPLICATIONS DUE BY MONDAY MARCH 3RD*
- *ONLY TWO STUDENTS PER SCHOOL (GR. 10,11,12)*
- *IF INTERESTED SEE MRS. PAVAN OR MR. AITKEN*



- PARTICIPANTS CAN WIN THE FOLLOWING CASH PRIZES:
- 1ST PLACE: \$1,000
- 2ND PLACE: \$500
- 3RD PLACE: \$250



ELEMENTARY

July 8 – July 25, 9:00am - 12:00pm

8 LOCATIONS

Courses: K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated Studies, Math, Reading & Writing, Coding (Info tech), Outdoor Science, STEAM, and more!

04
MAR

Registration
6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration
6:00am

07
MAR

MIDDLE

July 8 – July 25, 8:45am - 11:45am

3 LOCATIONS

Courses: Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated Studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more!

Free to all BC residents, SD43 Residency requirements apply.

SECONDARY SKILL BUILDING

July 8 – July 25, 8:30am - 11:30am OR 12:00 - 3:00pm

2 LOCATIONS

Courses: English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 for Science and Math is only available by school referral.

07
MAR

Registration
6:00am

Free to all BC residents, SD43 Residency requirements apply.

Registration
6:00am

06
MAY

SECONDARY FULL CREDIT

July 2 – August 7 (6 weeks)
8:00am – 11:30am OR 12:00pm – 3:30pm

2 LOCATIONS

Face-to-Face or Online Blended Fast Track
Courses: Life Science 11, Anatomy & Physiology 12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11, Science 10.
Free to all BC residents, SD43 Residency requirements apply.



www.sd43SummerLearning.ca/Phone 604-936-4261

The Drowsy Chaperone – A Musical



Heritage Woods Theatre presents: The Drowsy Chaperone. When a die-hard theatre fan plays their favorite cast album, the characters come to life in this hilarious Tony Award-winning musical farce.

Director & Choreographer - Julia MacLean
Artistic Director - Shanda Walters
Music Director - Hayley Perkins
Technical Director - Olivia Niese

The cast and crew of this event are composed entirely of students of Heritage Woods Secondary.

<https://www.brownpapertickets.com/event/6504941>

Winter Wonderland Dance Volunteers

Thursday 20 February

We are looking for enthusiastic and helpful students to help at our student ran adaptive dance for Neurodiverse students hosted at Heritage Woods. This is both a student and parent event that brings together our community in an exciting way with music, dancing, games, crafts and more. If you are interested to VOLUNTEER please scan this code and sign up! You will get a email with more instruction once signed up.



Contact for any questions: 127-Cweston@sd43.bc.ca | 127-lzeitler@sd43.bc.ca

February 20

HWSS GRAND



SPRING TIME



THRIFT SALE



COLLECTING LIGHTLY USED
CLOTHES FOR THRIFT SALE IN APRIL

DROP OFF CLOTHES NEAR ROOM
109 IN THE GRAND HALL



Feb 28

A watercolor illustration of various spring flowers and a butterfly. On the left, there's a large yellow flower with a brown center. Next to it are several round, orange and yellow flower buds. A small orange and black butterfly is flying near the buds. Below these are smaller yellow flowers and a green fern frond. In the bottom right corner, there are more yellow and orange flowers. The entire illustration is set against a light cream background.

HWSS MUSIC DEPARTMENT

Follow our Instagram! @hwss_music

Spring Pop Concert

Disney, Pixar, Dreamworks, and More!

March 5th | 7 PM

Doors Open at 6:30 PM

\$5 Per Person

Ages 8 and Under are Free!

KODIAK ATHLETICS



HERITAGE WOODS HOCKEY TRY-OUTS

Wednesday Feb 19 2:15-3:45pm at Planet Ice

Hockey Try-Out Attendance



Please arrange a ride to the arena and inform your teachers that you will be missing half of block 4 and block 5 that afternoon. Please have your parents call into the school office to let them know of your early dismissal.

If you have any questions, please email Mr. Ferrante or Ms. Rampuri

Students who plan to attend, **MUST** fill out the attached FORM to attend. Please scan the QR code or click the link: https://forms.office.com/Pages/ResponsePage.aspx?id=74xl2ZICUkKZJWRC3iSkSwo2427nutNLp9GyHM_u16pUNzdBOFNlQjU3SIRFV0tOVDfRMUVDQU1HTy4u



Senior Girls Soccer – UPDATE

***NEW MEETING DATE - THURSDAY,
FEBRUARY 20TH AT LUNCH IN THE MAT ROOM**

Tryouts

Monday, February 24th after school on the turf

Thursday, February 27th after school on the turf

Rugby Practice

First two dates and times for Rugby practice have been booked.

Dates: Thursday, February 13th (tomorrow) & Thursday, February 20th

Location: HWSS Gym

Time:

- Thursday, Feb. 13: 3:45 – 5:15 PM
- Thursday, Feb 20: 5:15 – 7:00 PM

Dress code (IMPORTANT):

Students will be required to wear non-marking shoes in the gym to preserve the floors. This means that Timberlands, boots of any kind, Birkenstocks, Blundstones, crocs DO NOT meet the footwear policy.

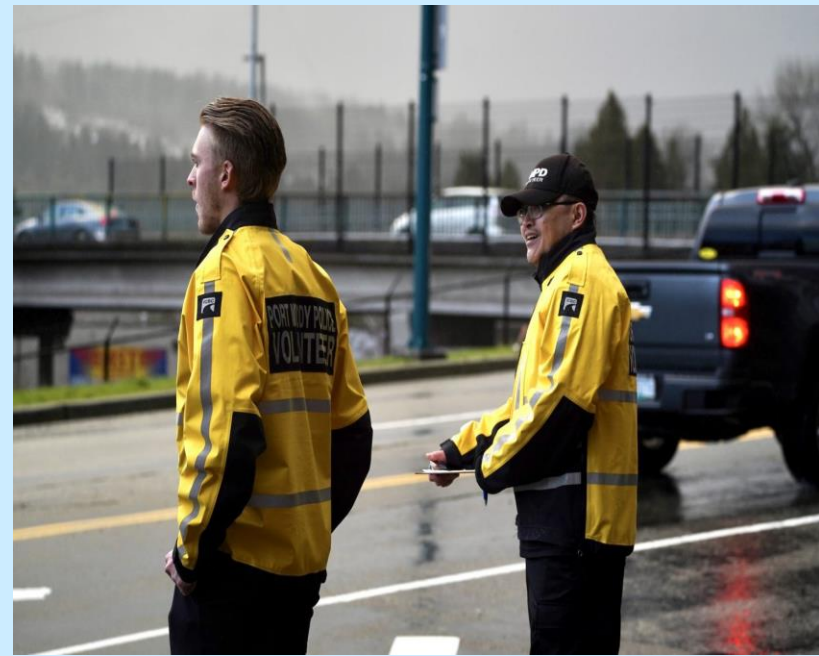
Feel free to come see Ms. Fang in room 134 or email her at kfang@sd43.bc.ca if you have any questions or concerns.

CAREER CENTER



Interested in Policing?

- The Port Moody Police Department is hosting a free program for youth in Grades 11-12.
- The program is designed to introduce students to policing as a career and will allow students to earn volunteer credits (30 hours) that you can apply towards graduation.
- The program will be run out of the Port Moody Police Department on St. John's Street
 - See Mr. Aitken in Room 240 or Mrs. Pavan in Room 209 for more information and to pick up an application sheet. Application deadline is February 28th, 2025



Save the **DATE!**



BCIT JILL OF ALL TRADES **APRIL 10TH, 2025**

- 1-DAY event for female students grades 9-12
- Transportation & lunch provided
- Hands-on and interactive experience
- Get a behind-the-scenes look at BCIT's state-of-the-art facilities, interact with industry professionals

BCIT

CONTACT: AIMPELLEZZERE@SD43.BC.CA

BCIT Jill of All Trades **April 10, 8am – 3pm**

JILL OF ALL TRADES IS A HANDS-ON, IN-THE-SHOP EVENT DESIGNED TO INSPIRE STUDENTS TO EXPLORE CAREERS IN THE SKILLED TRADES. IT'S OPEN TO STUDENTS IN GRADES 9-12 WHO IDENTIFY AS FEMALE OR ARE GENDER DIVERSE. PARTICIPANTS WILL GET AN EXCLUSIVE BEHIND-THE-SCENES LOOK AT BCIT'S STATE-OF-THE-ART FACILITIES, INTERACT WITH INDUSTRY PROFESSIONALS, AND ENGAGE IN A SERIES OF INTERACTIVE WORKSHOPS ACROSS A VARIETY OF TRADES, INCLUDING:

- IRONWORKING
- MACHINING
- CABINETMAKING (JOINERY)
- MOTORCYCLE TECHNICIAN
- DIGITAL COMMUNICATIONS AND WIRELESS TECHNOLOGIES
- SHEET METAL
- AUTO BODY AND COLLISION TECHNICIAN AND MORE!
- **APPLICATION PROCESS:**
 - ALL APPLICATIONS MUST BE PRINTED AND SUBMITTED AS HARD COPIES.
 - APPLICATIONS MUST BE COMPLETE WITH ALL REQUIRED INFORMATION AND SIGNATURES. INCOMPLETE APPLICATIONS MAY NOT BE CONSIDERED.
- **SUBMISSION DETAILS:**
 - STUDENTS SHOULD SUBMIT THEIR APPLICATIONS TO MS. BUTLER
 - APPLICATIONS DEADLINE **FRIDAY, MARCH 07TH, 2025 BEFORE 3PM**
 - **JILL OF ALL TRADES APPLICATION – SEE MS. BUTLER OR VISIT**
- [HTTPS://WWW.SD43.BC.CA/CAREERPROGRAMS/0DOCUMENTATION/JOAT%202025-%20APPLICATION%20PACKAGE%20%20\(1\).PDF](https://www.sd43.bc.ca/careerprograms/0documentation/joat%202025-%20application%20package%20%20(1).pdf)



GREEN COLLAR FUTURES

VIRTUAL CAREER CONFERENCE

for students grades 9-12

The “green economy” is changing the workplace in B.C. Learn about exciting and endless career opportunities.



Saturday, March 1st 2025:

9:00 am – 3:00 pm, Held virtually via Zoom.



You could win a \$500 scholarship!

REGISTER FOR FREE

www.greenbricks.ca

February 25

Registration is limited and a school limit may apply



More than a career fair, this conference connects you with dynamic people thriving in a green collar career.



Many careers are represented like hydrologist, environmental lawyer, affordable housing developer, interior designer, landscape architect, sustainable fashion entrepreneur, robotics engineer, lighting physicist and sustainable financial advisor.



You could win a \$500 scholarship!

Spring Break Workshop at SFU

Spend a morning at SFU and dive into the world of Communication with a workshop, campus tour and lunch with a student ambassador.

This free workshop, led by one of our faculty members, introduces students to a key topic in Communication studies, followed by a mini-campus tour with a student ambassador followed by a free lunch.

Wed. March 19, 2025 | 10:00 am – 12:30 pm

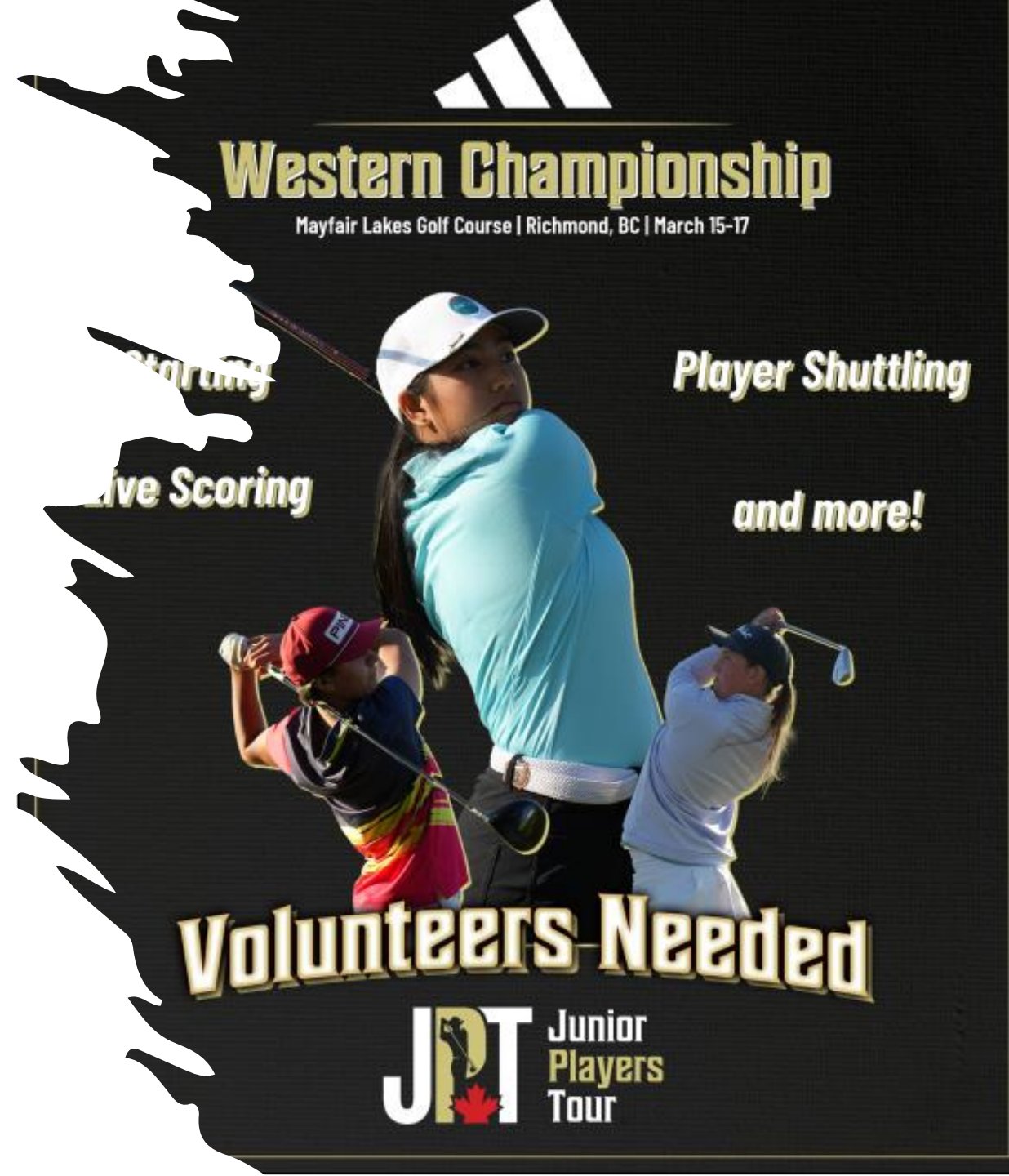
Where: SFU Burnaby Campus. Registrants will be emailed the meeting spot the day before the event.

<https://events.sfu.ca/event/43449-communication-in-action-workshop-at-sfu>



Volunteer Opportunity at JR Golf Events

- Introducing the **Junior Players Tour (JPT)**. Our events bring together talented young players from across the region, helping them develop their skills in a professional, tournament-style environment.
- We are looking for **enthusiastic volunteers** to support our events this season. This is a great opportunity for students to gain hands-on experience in sports event management, develop leadership skills, and be part of an exciting junior golf tour.
- **Volunteer roles include:**
 - ✓ Assisting with event setup and operations
 - ✓ Scoring and leaderboard management
 - ✓ Player support and on-course assistance
 - ✓ General event coordination
- This experience is ideal for students interested in sports management, event planning, or community involvement. Volunteers will receive a JPT merch pack with an adidas polo and a JPT hat. Volunteers will also receive a lunch everyday that they volunteer.
- To see full list of events and to register to volunteer visit the HWSS employment & volunteering page:
- <https://www.sd43.bc.ca/school/heritagewoods/ProgramsServices/career/Pages/EmploymentVolunteering.aspx#/=>



BCIT BIG INFO Night

Feb. 19, 4 - 7pm

- Big Info is the largest program expo and information session at BCIT. It's your chance to find out about all our programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences.
- It's free. It's lively. It's a night of possibilities.
- Join us in person on Wednesday, February 19 from 4:00 – 7:00 p.m. at our Burnaby Campus.

- This is a great opportunity to speak 1:1 with advisors from a plethora of BCIT programs as well as info sessions for Nursing, Computer Science, MRI, Civil Engineering, Sonography and more
- Register at:
- <https://www.bcit.ca/about/visit/big-info/>





Spring Break Volunteer Opportunity

- Soccer Camps at Pitt River Middle School fields
- Please use the Volunteer Youth Mentorship in Sports Leadership Program registration form link below.
- <https://forms.gle/14PTpi6Ug9FnMSSE9>
- Soccer Camp dates: March 17th-21st
- Volunteer Hours: 9:30am - 12:30pm
- Camp runs: 10:00 am - 12:00 pm
- Great opportunity to get in some volunteer hours helping kids at spring break soccer camps
- Do not wait to register – secure your spot today.



FIVE STEPS TO U.S. STUDIES

THURSDAY, MARCH 6TH

5:00 pm - 6:00 pm PT

Port Moody Secondary School

 educationusacanada.ca



Are you considering studying in the USA after graduation?

- Info session with Rachel Liu (EducationUSA advisor) tailored to lower-grade students with focus on planning for US studies

- March 6th from 5-6pm

- Join Zoom Meeting

<https://fulbrightcanada.zoom.us/j/85471673671?pwd=zZGhkoDUmHuwIEuFA3zDwx14WNTNqf.1>

Are you interested in Pharmacy?



- The UBC Faculty of Pharmaceutical Sciences offers the only program in the province that leads to licensure as a pharmacist in BC – the Entry-to-Practice Doctor of Pharmacy program. Students are eligible to apply for this program after completing the equivalent to 2 full years of undergraduate studies at UBC. In addition, we also offer a Bachelor of Pharmaceutical Sciences program for direct entry upon high school graduation that leads to careers in the pharmaceutical industry.

We are offering an opportunity for students in **grades 10 – 12** to explore careers as pharmacists and pharmaceutical scientists that we hope you can help share with your students who are considering a career in the healthcare professions.

- Join the race and come out victorious in [Discover Pharmacy - The Snake Game Edition](#) offered by UBC Faculty of Pharmaceutical Sciences

Go through challenges in our pharmacy labs and hunt for clues around the Story of Medicine. The Snake Game is designed for you to have fun while getting to know what pharmacists and pharmaceutical scientists do.

When: Saturday, March 8, 2025 10:00am - 12:30pm

Where: UBC Faculty of Pharmaceutical Sciences

Who: High school students in grades 10 - 12 interested in learning about one of the most accessible healthcare professions

How: Form your own group of 5 with friends or join individually and we'll match you with other participants

Register before Monday, March 3, 2025 at 4:00pm to secure your spot.

- https://ubc.ca1.qualtrics.com/jfe/form/SV_2lUEBBN Wcj4Gmzk?Origin=Mail

MAKE A REAL IMPACT!

Are you 13-18 and passionate about the planet? ER Teens is your chance to take action, build new skills, and create real change in your community!

Get involved.
Gain volunteer hours.
Meet like-minded teens.



SIGN UP HERE

ER Teens has your back every step of the way!



Meet Lana! She hosted a clothes swap and helped cut down textile waste.
What will you do?

Follow us and stay inspired!



earthrangers.com/EN/CA/er-teens



erteens@earthrangers.com



[@er.teens](https://www.instagram.com/er.teens)

Earth Rangers is looking for teens across Canada to get involved in environmental action, wherever you live. Our ER Teens program lets you volunteer for the environment by doing an eco-action project of your choice. We'll help you complete an initiative that makes a difference and helps you develop skills in leadership, communication, and time management. You'll also meet like-minded peers and environmental professionals, and get recognition upon completion. Plus it's totally flexible around your schedule!

Email erteens@earthrangers.com for more info.



APPLY BY
FEBRUARY 24, 2025

APPLY HERE



JOIN OUR EXECUTIVE TEAM!



Are you a student passionate about environmental advocacy and eager to enhance your technical skills while *making a difference towards a global cause?*

WHO WE ARE

Human Nature Projects (HNP) Canada is a **federally registered, youth-led, non-profit organization** seeking to *raise awareness for current environmental issues.*

WHY US?

- Develop your soft skills
- Earn flexible volunteer hours
- Letter of recommendation
- Advancement opportunities
- Placement students accepted

OUR IMPACT

- **50+** executive members
- Planted **100+** trees
- Hosted **6+ community cleanups**
- Removed **2000+** invasive plants
- Involved **10000+** volunteers **globally** in **environmental education, protection, conservation and restoration**

GENERAL REQUIREMENTS :

- Weekly time commitments of 3-5 hours
- Strong communication, teamwork and detailed oriented skills

AVAILABLE POSITIONS:

- | | |
|----------------------------------|----------------------------|
| • Fellowship Associate | • Outreach Associate |
| • Website Developer | • Communications Associate |
| • Content Creator | • Marketing Associate |
| • Social Media Manager | • Events Associate |
| • Finance Associate | • HR Associate |
| • Community Engagement Associate | • VP of Finance |
| | • VP of HR |